



## Namaqua Quest 3-day Full Trail Run 2019 Results



Pos	Bib	Name	Overall Time (80km)	Day 3 - Copper Mountain (25km)	Day 2 - Goegap (31km)	Day 1 - Lammerhoek (24km)	Category	Category Pos.
1	1024	MULLER, Christo	06:10:42	2:08:20	2:24:05	1:38:17	Quest-Trail-F-M	1
2	1031	STEENKAMP, Wim	06:16:23	2:06:07	2:27:10	1:43:06	Quest-Trail-F-M	2
3	1035	VILJOEN, Wian	07:40:55	2:41:28	2:57:45	2:01:42	Quest-Trail-F-M	3
4	1014	GREYLING, Konstant	07:55:38	2:54:03	3:00:39	2:00:56	Quest-Trail-F-M	4
5	1037	VISSER, Johan	07:55:56	2:47:43	2:56:13	2:12:00	Quest-Trail-F-M	5
6	1019	LUBBE, Werner	08:12:39	2:47:43	3:10:33	2:14:23	Quest-Trail-F-M	6
7	1030	STAEBE, Marko	08:12:41	2:47:43	3:10:34	2:14:24	Quest-Trail-F-M	7
8	1034	VILJOEN, Wouter	08:13:36	2:46:56	3:09:20	2:17:20	Quest-Trail-F-M	8
9	1006	COOP, Bill	08:29:28	2:59:05	3:19:26	2:10:57	Quest-Trail-F-M	9
10	1022	MIGLIORE, Stefano	08:34:55	2:52:09	3:24:42	2:18:04	Quest-Trail-F-M	10
11	1009	DOUCAS, Gabriel	08:44:54	2:59:06	3:27:51	2:17:57	Quest-Trail-F-M	11
12	1025	ORRIE, Ashraf	08:46:49	2:50:00	3:11:36	2:45:13	Quest-Trail-F-M	12
13	1005	BURGER, Albert	08:56:10	3:11:12	3:25:05	2:19:53	Quest-Trail-F-M	13
14	1026	ROBERTS, Ulric	09:18:19	3:11:11	3:47:18	2:19:50	Quest-Trail-F-M	14
15	1027	ROSSOUW, Susan	09:21:23	3:16:14	3:33:48	2:31:21	Quest-Trail-F-W	1
16	1032	STEENKAMP, Lindy	09:21:30	3:16:20	3:33:47	2:31:23	Quest-Trail-F-W	2
17	1018	LINSTROM, Jada	09:21:38	3:04:28	4:06:57	2:10:13	Quest-Trail-F-W	3
18	1036	VILJOEN, Louw	09:44:28	3:33:57	3:47:44	2:22:47	Quest-Trail-F-M	15
19	1023	MÜLLER, Karin	10:02:40	3:37:09	3:50:06	2:35:25	Quest-Trail-F-W	4
20	1003	BOSWELL, Joanne	10:02:46	3:37:10	3:50:11	2:35:25	Quest-Trail-F-W	5
21	1028	SKINNER, Belinda	10:32:27	3:33:56	4:00:04	2:58:27	Quest-Trail-F-W	6
22	1001	ABBAS, Mustaq	10:35:21	3:32:08	4:08:35	2:54:38	Quest-Trail-F-M	16
23	1029	STAEBE, Louise	10:48:43	3:33:56	4:19:40	2:55:07	Quest-Trail-F-W	7
24	1010	DREYER, Wynand	11:02:05	3:50:04	4:19:39	2:52:22	Quest-Trail-F-M	17
25	1016	KOCH, Wian	11:05:24	3:41:08	4:48:33	2:35:43	Quest-Trail-F-M	18
26	1015	KOCH, Bianka	11:24:49	3:41:08	4:48:34	2:55:07	Quest-Trail-F-W	8
27	1013	GREYLING, Surita	12:37:39	4:40:28	4:48:32	3:08:39	Quest-Trail-F-W	9
28	1011	ERASMUS, Monty	12:44:35	4:47:10	4:48:36	3:08:49	Quest-Trail-F-M	19
29	1033	VAN ZYL, Daleen	13:19:26	4:40:43	5:14:24	3:24:19	Quest-Trail-F-W	10
30	1017	LIEBENBERG, Mildrid	13:25:48	4:47:01	5:14:23	3:24:24	Quest-Trail-F-W	11
	1007	CRONIN, Alastair			3:27:52	2:18:03	Quest-Trail-F-M	



## Namaqua Quest 3-day Lite Trail Run 2019 Results



Pos	Bib	Name	Overall Time (36km)	Day 3 - Copper Mountain (14km)	Day 2 - Goegap (10km)	Day 1 - Lammerhoek (12km)	Category	Category Pos.
1	2006	HANSSON, Therese	03:15:31	1:24:47	0:43:44	1:07:00	Quest-Trail-L-W	1
2	2017	SWANEPOEL, Annaleen	03:24:28	1:24:47	0:44:03	1:15:38	Quest-Trail-L-W	2
3	2004	DUMAS, Raphael	03:27:35	1:24:47	0:47:06	1:15:42	Quest-Trail-L-M	1
4	2007	HEEGER, Amelia	03:53:52	1:40:33	0:54:16	1:19:03	Quest-Trail-L-W	3
5	2016	SWANEPOEL, Ronel	03:58:26	1:40:13	0:59:25	1:18:48	Quest-Trail-L-W	4
6	2014	PIERCE, Erica	04:09:08	1:49:59	0:56:11	1:22:58	Quest-Trail-L-W	5
7	2010	LABUSCHAGNE, Jolandi	04:12:35	1:51:13	0:57:00	1:24:22	Quest-Trail-L-W	6
8	2011	LABUSCHAGNE, Francois	04:12:35	1:51:13	0:57:03	1:24:19	Quest-Trail-L-M	2
9	2021	VISSER, Gretchen	04:16:03	1:54:05	0:57:31	1:24:27	Quest-Trail-L-W	7
10	2003	COOP, Helen	04:17:57	1:50:03	0:59:25	1:28:29	Quest-Trail-L-W	8
11	2012	NARDINI, Luisa	04:23:50	1:59:50	0:56:09	1:27:51	Quest-Trail-L-W	9
12	2019	TAYLOR, Brenda	04:24:17	1:50:53	0:59:17	1:34:07	Quest-Trail-L-W	10
13	2013	PEARSON, Lize	04:38:35	1:59:31	1:03:48	1:35:16	Quest-Trail-L-W	11
14	2018	SZEILI, Peter	05:05:43	2:11:58	1:13:37	1:40:08	Quest-Trail-L-M	3
15	2001	BERGH, Tharina	05:08:49	2:11:19	1:12:56	1:44:34	Quest-Trail-L-W	12
16	2009	KLOPPER, Charlotte	05:24:40	2:56:49	0:59:17	1:28:34	Quest-Trail-L-W	13
17	2020	VILJOEN, Ria	06:50:49	2:56:30	1:49:30	2:04:49	Quest-Trail-L-W	14
18	1002	BANDERKER, Ayoub	07:20:29	2:10:51	1:49:23	3:20:15	Quest-Trail-L-M	4
19	2015	RYNHOUD, Cindy	08:03:38	3:19:00	2:02:31	2:42:07	Quest-Trail-L-W	15
20	2022	HAYES, Elana	08:13:45	3:15:42	2:15:46	2:42:17	Quest-Trail-L-W	16
21	1012	ESLICK, Karen	08:16:54	3:19:06	2:15:43	2:42:05	Quest-Trail-L-W	17
	2008	HENDRIE, Simon		2:04:07		1:18:15	Quest-Trail-L-M	
	2005	ENGELBRECHT, Debbie				1:18:32	Quest-Trail-L-W	



## Namaqua Quest 2-day Trail Run 2019 Results



Pos	Bib	Name	Overall Time (56km)	Day 2 - Copper Mountain (25km)	Day 1 - Goegap (31km)	Category	Category Pos.
1	1038	PENGELLY, Keegan	05:10:55	2:30:55	2:40:00	Quest-Trail-2D-M	1
Pos	Bib	Name	Overall Time (35km)	Day 2 - Copper Mountain (25km)	Day 1 - Goegap (10km)	Category	Category Pos.
1	1040	ROSSOUW, Zane	04:05:11	3:16:41	0:48:30	Quest-Trail-2D-W	1
2	1039	ROSSOUW, Lara	04:05:15	3:16:41	0:48:34	Quest-Trail-2D-W	2
3	1041	UYS, Magdalen			2:08:00	Quest-Trail-2D-W	3



## Namaqua Quest 1-day Trail Run 2019 Results



Pos	Bib	Name	Overall Time	Category	Category Pos.
1	3012	KENNEDY, Nols	1:23:33	Quest-Trail-1D-M	1
2	3005	CLOETE, Jissia	1:24:29	Quest-Trail-1D-M	2
3	3001	BEUKES, Hanlie	1:41:50	Quest-Trail-1D-W	1
4	3002	BEUKES, Pieter	2:05:54	Quest-Trail-1D-M	3
5	3009	NELL, Marlene	2:18:03	Quest-Trail-1D-W	2
6	3014	MYBURGH, Erena	2:53:40	Quest-Trail-1D-W	3
7	3013	VAN NIEKERK, Chantel	2:53:40	Quest-Trail-1D-W	4
8	3007	KLOPPER, Nicole	2:56:48	Quest-Trail-1D-W	5
9	3006	ESTEY, Julie	3:54:00	Quest-Trail-1D-W	6
10	3049	VAN DEN HEEVER, Mariana	4:51:58	Quest-Trail-1D-W	7